



Rishikesh India 2011
Deepen your Experience of Spirit and Yoga

March 10 to 26, 2011

Deepen your practice.

Experience Yoga in its heartland.

Spend time with Swami's who offer spiritual teachings and inspiration.

Attend evening Aarti/Puja on the banks of the Ganges.

Enjoy an Ayurvedic consultation and day of Ayurvedic treatments.

Visit Ashrams, Shrines and Temples.

Cost \$2300 (Includes accommodation, meals, ground travel, classes, entry fees, temple donations)

Contact Karen Hamdon 489 5920 or Lawrence Dombro 436 4055

www.consciousyoga.org